

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00				
MONDAY	OPEN SWIMMING					AQUA 11:00 11:45 <small>1x LANE SWIMMING</small>	OPEN SWIM TIMES					SWIMMING LESSONS LANE ONE 15:30-18:15	ADULT ONLY SWIMMING 19:30 - 22:00							
TUESDAY	OPEN SWIMMING					AQUA 12:00 12:45 <small>1x LANE SWIMMING</small>	OPEN SWIM TIMES					SWIMMING LESSONS LANE ONE 15:30-18:15	ADULT ONLY SWIMMING 19:30 - 22:00							
WEDNESDAY	OPEN SWIMMING							AQUA 12:00 12:45 <small>1x LANE SWIMMING</small>	AQUA YOGA 13:00 13:45 <small>1x LANE SWIMMING</small>	OPEN SWIM TIMES					SWIMMING LESSONS LANE ONE 15:30-18:15	ADULT ONLY SWIMMING 19:30 - 22:00				
THURSDAY	OPEN SWIMMING					AQUA 12:00 12:45 <small>1x LANE SWIMMING</small>	OPEN SWIM TIMES					SWIMMING LESSONS LANE ONE 15:30-18:15	ADULT ONLY SWIMMING 19:30 - 22:00							
FRIDAY	OPEN SWIMMING					AQUA 11:00 11:45 <small>1x LANE SWIMMING</small>	OPEN SWIM TIMES					SWIMMING LESSONS LANE ONE 15:30-18:15	ADULT ONLY SWIMMING 19:30 - 22:00							
SATURDAY	OPEN SWIMMING												ADULT ONLY SWIMMING 18:00 - 21:30							
SUNDAY	OPEN SWIMMING												ADULT ONLY SWIMMING 18:00 - 21:30							

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in lane one only and will be unavailable for member use during scheduled lessons.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.